



Dr. Naveen Sharma  
Course Organizer

**VALUE ADDED COURSES ON PERSONALITY  
DEVELOPMENT(PD)  
Academic Year (2023-24)**

**‘COURSE ON PERSONALITY DEVELOPMENT’**

**Course Code: PD**

**COURSE LEARNING OUTCOMES**

1. To develop talent, facilitate employability enabling the incumbent to excel and sustain a highly competitive world.
2. To enhance personality with regard to the different behavioral dimensions that have far reaching significance in the direction of professional effectiveness
3. To make students know about self-awareness, life skills, soft skills, need for personal development etc
4. To make students understand and exhibit accurate sense of self and think critically.
5. To help students learn to balance confidence with humility and overcome problems associated with personality

**Duration of the Course: 30 hours**

The duration of the course will be for Fifteen Days (30 hours). Each working day shall consist of one hour of teaching (practical/theory).

**TEACHING-LEARNING METHODOLOGY:**

This course will make the students groom their personality and prove themselves as good Samaritans of the society. This course consists of individual or in-group class presentations pertaining to the applications of concepts. Students will be taught various aspects of Personality Development in order to groom themselves for this competitive world through interactive classes.

**VALUE ADDED/  
CERTIFICATE**

**Academic Session-2023-24**

Course Code : VACPD(Value Added course on Personality Development.)

Course Duration: 30 hours

<b>Name of Value Added/ Certificate offered</b>	<b>Duration of Course (HRS)</b>	<b>No.of the students Enrolled in the Year</b>
Personality Development	30	87

## **SYLLABUS:**

### **UNIT 1: Introduction to Personality Development**

1. Personality traits and theories (02 HOURS)
2. Self- Image and Self-Concept (02 HOURS)
3. Dressing Sense (02 HOURS)
4. Table Mannners (02 HOURS)
5. Diet and Health (02 HOURS)

### **UNIT 2: SELF GROOMING**

1. Group Dynamics (02 HOURS)
2. Team Building (02 HOURS)
3. Time Management (02 HOURS)
4. Positive Attitude (02 HOURS)
5. Self Esteem (01 HOUR)
6. Motivation (01 HOUR)

### **UNIT 3: SOCIAL AND CORPORATE ETIQUETTES**

1. Interpersonal Relations (02 HOURS)
2. Communication Skills (02 HOURS)
3. Personal Branding (02 HOURS)
4. Leadership Skills (02 HOURS)
5. Presentation Skills (01 HOUR)
6. Stress Management (01 HOURS)