


## YOGA LAB

S.NO.	PARTICULARS	QUANTITY
1.	Yoga Mats	30
2.	Meditation Cushions	15
3.	Yoga Blocks	10
4.	Yoga Straps	12
5.	Skipping Rope	21
6.	Acupressure Ball	11
7.	Digital weighing Machine	3
8.	Resistance Bands	17
9.	Weighing Machine	1
10.	Pulse Meter	2
11.	Stopwatch	3
12.	Human Skeleton Model	1

S.NO.	PARTICULARS	QUANTITY
13.	Anatomy Charts	1
14.	Yoga Asana Charts	6
15.	Surya Namaskar Steps Chart	1
16.	Meditation Postures Charts	5
17.	Pranayam Charts	6
18.	Health Awareness Charts	9
19.	Sitting Asanas chart	4
20.	Spine Asanas Chart	2
21.	White Board	1
22.	Projector	1
23.	Yoga Books	6
24.	B.Ed. Yoga Syllabus	4

  
**PRINCIPAL**  
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